The Fairfax-Falls Church Community Services Board

The Fairfax-Falls Church Community Services Board (CSB) serves the community as the public agency responsible for planning, organizing and providing services to persons who have a mental illness, mental retardation, or a substance use disorder. Programs are directly operated or provided by private organizations and are licensed by the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services.

The CSB was established in 1969 by the joint action of Fairfax County and the Cities of Fairfax and Falls Church.

The CSB functions as part of the Fairfax County Human Services System.

The CSB offers varying combinations of six core services:

- Emergency Services
- Local Inpatient Services
- Outpatient and Case Management Services
- Day Support Services
- Residential Services
- Prevention and Early Intervention Services

The CSB receives funding from Fairfax County, the Cities of Fairfax and Falls Church, the Commonwealth of Virginia, and grants from the Federal government. The CSB is required by State Code to charge for its services. A sliding fee scale is utilized and the CSB also bills Medicaid, Medicare, and insurance companies.

Our Mission

The mission of the Fairfax-Falls Church Community Services Board is to serve Fairfax-Falls Church residents with, or at risk of, severe and persistent mental illness or acute psychiatric/emotional distress; mental retardation; or alcohol or drug abuse or dependency. Our aim is to empower and support the people we serve to live self-determined, productive and valued lives within our community. To accomplish these aims, the CSB must identify, develop or offer programs on prevention, intervention, treatment, rehabilitation, residential and other support services in a personalized, flexible manner appropriate to the needs of each individual and family we serve.

Our Vision

People receive individualized, quality services when they need them in addition to active support and acceptance in the community.



Helping people with mental illness, mental retardation and substance dependence to live productive, healthy, and valued lives within our community through treatment and support services.

Speakers Bureau

The Community Services Board's Speakers Bureau provides a registry of topics that can be delivered to community organizations free of charge. To schedule a speaker and find out about topics, call 703-324-7003 or TTY 703-802-3015.

Consumer Rights and the CSB Ethics Committee

Persons receiving CSB services are assured protection from abuse, neglect or discrimination and each person served is protected under the Virginia Human Rights Regulations. At the start of service and then annually, individuals receive a printed copy of their rights under the Regulations. The State Human Rights Advocate can be contacted at 703-323-2098, TTY 711.

The CSB's Ethics Committee assures the highest standards of ethical behavior by fostering an awareness of and providing support for dealing with ethical issues encountered by Board, staff and persons receiving services. Inquiries regarding ethical concerns can be forwarded to the CSB Deputy Director at 703-324-7000, TTY 703-802-3015.

Fairfax-Falls Church Community Services Board

12011 Government Center Parkway, Suite 836 Fairfax, Virginia 22035-1105 703-324-7000 or TTY 703-802-3015 Fax 703-324-7092 www.fairfaxcounty.gov/csb

24-Hour Emergency Services: 703-573-5679 or TTY: 703-207-7737

This publication can be made available in alternative format upon request. Please call 703-324-7000 or TTY-703-802-3015 and allow a reasonable period of time for preparation of the material.

June 2006

Making Our Community a Better Place to Live and Work!

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD







Providing Mental Health, Mental Retardation and Alcohol and Drug Services to the Community since 1969

Services-at-a-Glance

Alcohol and Drug Services

703-359-7040 TTY 703-322-9080

Case Management/Service Coordination Assessment and referral service monitoring and

Assessment and referral, service monitoring, and consumer advocacy

Day Treatment Services

Specialized programming designed for men, Spanishspeaking individuals, and women with children

Outpatient Services

Individual, group and family counseling for adolescents and adults



Residential Services

Detoxification services, transitional living services, and education and referral services to residents in the County homeless shelters, supervised apartment program, and other residential treatment programs

Jail-Based Services

Assessment, treatment and counseling to inmates of the Fairfax County Adult Detention Center and Pre-Release Center

Youth Services

Assessment and referrals, intensive day treatment, and residential programs for adolescents

Specialized Services

Services for pregnant women, persons who are hearing impaired, non-English speaking or persons who experience mental health or mental retardation problems and a substance use disorder.

Mental Retardation Services

703-324-4400 TTY 703-324-4495

• Case Management/Service Coordination

Assistance to consumers and their families in obtaining benefits and services; case managers coordinate and oversee services provided by other service providers

• Day Support and Employment Services

Day programs and job skill training and placement by approved not-for-profit agencies/vendors

Residential Services

Housing and residential support services for individuals with mental retardation provided by both directly operated and private service providers; provides admission and discharge planning for State facilities

Respite Services

Center and home-based relief services for caregivers

Specialized Services

Resource and service coordination for persons with mental retardation who are visually or hearing impaired or non-English speaking

CSB Prevention Services

703-934-5477 TTY 703-322-9080

CSB Prevention Services promotes mental health and provides programs focusing on healthy behaviors to prevent alcohol, tobacco and other drug use. Services are designed to work with individuals, groups, families and the entire community.

Activities include:

- > Family education
- Girl Power
- ➤ Health and community fairs and campaigns
- Leadership and Resiliency Program
- Senior wellness
- Tobacco initiatives

Mental Health Services

• Emergency Services

24-hour psychiatric crisis services

• Case Management/Service Coordination

Assessment and referral, service monitoring, consumer advocacy and discharge planning for State facilities

Outpatient Services

Individual, group and family counseling for children and adults

Inpatient Services

Inpatient beds provided on a contractual basis for persons who are medically indigent and diagnosed with either mental illness and a substance use disorder or mental illness and mental retardation

Residential Services

Assists with skills training to enable persons to live independently in the community

• Day Treatment & Day Support Services

Helps adults and adolescents with serious mental illness or serious emotional disturbance lead stable, productive lives in the community

Vocational Services

Helps persons develop the skills needed to enter or return to the workplace

Domestic Abuse and Sexual Assault Program

A 24-hour hotline, crisis shelter and domestic abuse education and treatment program

Forensics Program and Jail-Based Services

Crisis services to inmates at risk for suicide; and intervention services for offenders with mental illness; also supports the Juvenile Court by providing evaluations and treatment for juvenile offenders

Specialized Services

Resources and services for persons who are hearing impaired, non-English speaking or need intensive outpatient services, or persons with HIV

Infant and Toddler Connection

703-246-7121 TTY 703-324-4495

Serves children birth to age three who have developmental disabilities in accordance with Part C of the Individuals with Disabilities Education Act.

Evaluation Services

Assessment to determine eligibility

• Service Coordination

Assist families with evaluation, planning and coordination of services, as well as referral to community resources

Individual Service Plans

Development of an individual family service plan for eligible children to identify the services (speech therapy, physical therapy, etc.) needed

